

# Multiple Sclerosis Nurse Leadership Program



## WELCOME & INTRODUCTIONS

Provided by Academy for Continued Healthcare Learning and  
Annenberg Center for Health Sciences at Eisenhower



The program is supported through educational grants from  
Bristol-Myers Squibb, EMD Serono, Inc., Greenwich Biosciences, Inc.,  
Novartis Pharmaceuticals Corporation and Sanofi Genzyme.

# Activity Overview

## Target Audience

This activity is intended for nurses and advanced practice clinicians who manage patients with multiple sclerosis (MS).

## Learning Objectives

Upon completion of this activity, participants will be able to:

- Apply evidence-based diagnostic and assessment approaches for evaluating disease activity in the brain and spinal cord to develop individualized treatment plans in patients with MS
- Improve patient outcomes and adherence to therapy by identifying, assessing, and managing emerging MS-related symptoms and DMT-related adverse events.
- Employ treat-to-target strategies and precision medicine to improve patient long-term outcomes

## Support

Supported by educational grants from Bristol-Myers Squibb, EMD Serono, Inc., Greenwich Biosciences, Inc., Novartis Pharmaceuticals Corporation and Sanofi Genzyme.

# Faculty

**Colleen Harris, MN, NP, MSCN, MSCS (Co-Chair)**

Nurse Practitioner

University of Calgary MS Clinic

Calgary, Alberta, Canada

**Amy Perrin Ross, APN, MSN, CNRN, MSCN (Co-Chair)**

Neuroscience Program Coordinator

Loyola University Chicago Medical Center

Maywood, Illinois

# Faculty

**Aliza Ben-Zacharia, PhD, DNP, ANP-BC, FAAN, MSCN**

Adjunct Assistant Professor  
Co-Director Research/EBP/QI  
Mount Sinai Medical Center  
Assistant Professor  
Researcher, Hunter College  
Bellevue School of Nursing  
New York, New York

**Cheryl Blaschuk, MSN**

Nurse Practitioner  
Medical College of Wisconsin  
Comprehensive Multiple Sclerosis Clinic  
Froedtert & Medical College of Wisconsin  
Wauwatosa, Wisconsin

**Constance Easterling, MSN, ARNP, MSCN**

Advanced Practice Registered Nurse  
Research consultant  
MS Care Center  
Neurological Services of Orlando  
Orlando, Florida

**June Halper, MSN, APN-C, MSCN, FAAN**

Chief Executive Officer  
Consortium of Multiple Sclerosis Centers and International  
Organization of Multiple Sclerosis Nurses  
Hackensack, New Jersey

**Michelle Keating, RN, MSCN**

MS Nurse Consultant  
St. Louis, Missouri

**Beverly Layton, RN, CCRC, MSCN**

MS Nurse Consultant  
Birmingham, Alabama

**Lynn McEwan, NP, MScN, CNN(c), MSCN**

London Health Sciences Centre-University Hospital  
London, Ontario Canada

**Marie Namey APRN, MSCN**

MS Nurse Consultant  
Recently retired from Cleveland Clinic Mellen Center for Multiple  
Sclerosis Treatment and Research  
Cleveland, Ohio

# Accreditation and Credit Designation

Annenberg Center for Health Sciences is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 5.0 contact hours, which includes 1.25 pharmacology hours, may be earned for successful completion of this activity.

# How to Receive Credit

1. Complete the pretest
2. Participate in the live virtual activity
3. Complete the posttest and evaluation
4. Certificate will be emailed to you within 2 weeks

For questions, contact Katie Hacias at [khacias@achlcme.org](mailto:khacias@achlcme.org)

# Agenda

10:00 AM\* – Introduction & Welcome – *Amy Perrin Ross, APN, MSN, CNRN, MSCN and Colleen Harris, MN, NP, MSCN, MSCS*

10:15 AM – Disease Overview & Diagnosis – *Aliza Ben-Zacharia, PhD, DNP, ANP-BC, FAAN, MSCN*

10:55 AM – Treatment Overview – *Marie Namey, APRN, MSCN*

11:40 AM – Evolution of Precision Medicine/Treat-to-Target Approaches – *Cheryl Blaschuk, MSN*

12:00 PM – Lunch Break & Office Hours

*Aliza Ben-Zacharia, PhD, DNP, ANP-BC, FAAN, MSCN, Marie Namey, APRN, MSCN, and Cheryl Blaschuk, MSN*

12:30 PM – Patient Case Mentoring Pod – *Lynn McEwan, NP, MScN, CNN(c), MSCN*

1:10 PM – Symptom Management – *Constance Easterling, MSN, ARNP, MSCN*

2:05 PM – Patient Case Mentoring Pod – *Beverly Layton, RN, CCRC, MSCN and Michelle Keating, RN, MSCN*

2:50 PM – Role of the Nurse – *June Halper, MSN, APN-C, MSCN, FAAN*

3:05 PM – Break & Office Hours

*Constance Easterling, MSN, ARNP, MSCN, Beverly Layton, RN, CCRC, MSCN, Michelle Keating, RN, MSCN, June Halper, MSN, APN-C, MSCN, FAAN and Lynn McEwan, NP, MScN, CNN(c), MSCN*

3:20 PM – The Lived Experience – *Michelle Keating, RN, MSCN*

3:55 PM – Conclusion – *Amy Perrin Ross, APN, MSN, CNRN, MSCN, and Colleen Harris, MN, NP, MSCN, MSCS*

4:00 PM – Adjournment

\*All times are listed in Eastern Time Zone

# Linda Morgante: A Nursing Hero

*“Her persona was her beautiful self, her soft voice, her sensitivity to others, her tenderness and skills as a nurse, her great dignity and intelligence.”*

June Halper  
March 26, 2007



# About Linda

- Linda was an Advanced Practice MS Nurse
- She worked at Maimonides Medical Center in Brooklyn for over 20 years, then moved to the Corinne Goldsmith Dickinson Center at Mount Sinai Hospital in New York City
- She completed her career at St. Joseph's College in Brooklyn, New York, as an Assistant Professor of Nursing

# Linda — To Her Colleagues

- Role model
- Teacher
- Mentor
- Writer
- Compassionate friend

# Linda — To Her Patients

## From “Losing Someone Twice”

- “Just the sound of her voice put me at ease.”
- “She was not only the resource of wealth and information, she could listen like no one I know in the world of medicine.”
- “She sympathized without being dramatic or condescending.”
- “She was my first guide, companion, confidant, friend, and teacher in this life with MS.”
- “I told her when she left to teach that the only reason I was letting her go without a fight was to make more nurses like her.”

# Linda and Hope

- Linda was known for her studies of hope, and she inspired it in others
- In Linda's words...

“Hope is an essential element of life—it embodies our vision of the future, our opinion of ourselves and others, and our sense of control over the events and direction of our lives. The presence of hope for someone experiencing an illness can provide the energy necessary to promote health and enhance well being.”

# Linda Morgante



# And Friends

